

Trends tense review personalised practice game

Choose one of the topics below and explain the past, changes to the present and/ or future of that thing until your partner guesses which one you are talking about. It might help to draw a graph to represent that thing before you describe it. Try describing without any actual numbers (just times) to start with.

- How happy you feel
- How many CDs you have
- How many calories you eat
- How much exercise you do
- How much homework you have
- How much money you have
- How much money you spend on food and drink
- How much time you spend on the internet
- How much time you spend playing computer games
- How much time you spend watching TV
- How much time you spend with your family
- How often you eat sweets/ chocolate/ cake
- How often you read books
- How often you argue with your parents
- How long you spend doing homework
- How often you speak English
- How stressed you are
- The length of your hair
- Your height
- Your level of physical fitness
- Your weight

Brainstorm words meaning these changes:

Up

Down

Flat/ Becoming flat

Up and down/ Down and up